



“A Comparative Study of Emotional Maturity among Male and Female College Students”

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Introduction:

An emotionally stable individual has the capacity to withstand delay in satisfaction of needs, capability to tolerate a reasonable amount of frustration, belief in long term planning and is able of delaying or revising his expectations in terms of demands of the situations. Mullis and Chapman (2000) studied the relationship between coping, gender, age and self-esteem in adolescents and found that adolescents with higher self-esteem used more problem focused coping strategies and adolescents with lower self-esteem used more emotion focused coping strategies. Overall all boys showed high self-esteem, and also indicated significant differences in the self-esteem of boys of the two age groups whereas the same was not observed in the case of girls.

M Kumar, R Mishra (2016) investigated that positive correlation between emotional maturity and academic achievement among Adolescence students. Thus, emotional maturity plays important role in the academic achievement of students. It was also they noticed that male and female adolescents and urban and rural adolescents both have significant difference in academic achievement. For this study they had consisted of 200 students (100 male and 100 female) as a sample from Jodhpur district of Rajasthan.

Aim of the study:

To examine the study of emotional maturity among college students.



Hypotheses:

There will be no significant difference between male and female college students on emotional maturity.

Methodology:

Sample design -

For the present study 100 Sample were belongings to Aurangabad, among them 50 male college students and 50 female college students. The age range of subjects was 18-25 years.

Tools

Differential Personality Scale (DPS):

This test is developed and standardized by L.N.K. Shinha and Arun kumar Singh for measuring emotional maturity. The test consisted of 165 Items. The subjects were required to respond to each item True or False. The test-retest Reliability Coefficient Range from .73 to .86 which were high and significant indicating that the Different dimensions of the Scale have sufficient Temporal Stability.

Data collection

Differential personality scale administered individuals as well as a small group. While collecting the data for the study the later approaches was adopted. The subjects were called in a small group of 20 to 25 subjects and there seating arrangements was made in a classroom. Prior to administration of test, through informal talk appropriate rapport form. Following the instructions and procedure suggested by the author of the test. Following the same procedure, the whole data were collected.

Variable: Independent variable- 1) Gender i) Male ii) Female

Dependent Variable : Emotional Maturity

Statistical Analysis and Discussion

Mean Std. Deviation, Std. Error and t value of male and female on emotional maturity.

Table 1
Mean Std. Deviation, Std. Error and t value of male and female
on emotional maturity.

Dimension	Male Students			Female Students				
	Mean	SD	SE	Mean	SD	SE	DF	t
Emotional Maturity	15.56	2.19	0.41	12.80	2.12	0.43	98	6.42

Table 1 shows that, at the first mean of Emotional Maturity score of the male college students is 15.56 and female college students score is 12.80. Male and female college students mean was highly significant t value 6.42 and both levels were significant as well as null research hypothesis was rejected and alternative hypothesis was accepted. It shows that male college students have significantly high Emotional Maturity than the female college students.

References:

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