



A Study of Self-Confidence of Male & Female College Students

Dr. Kalpana Ramrao Vitore

Assistant Professor,
Dept.of Psychology,
M.S.S.Arts College, Tirthpuri,
Tq.Ghansawangi, Dist.Jalna.

ABSTRACT :-

The primary aim of the present research was to assess Self-Confidence among male & female college students. For this purpose Agnihotri's self-confidence inventory(ASCI) was used to measure the self –confidence and collect the data & T test was used to analyzes scores the total sample of 50 college students (25 Male & 25 Female) From Tirthpuri was selected by samplings methods. The results indicate that there was significant different between males & female of college students on self-confidence.

INTRODUCTION :

Self-Confidence is commonly defined as the sureness of feeling that you are equal to the task at hand. This sureness is characterized by absolute belief in ability.

Confidence is related to personality and those who exude self-confidence across a range of contexts say at work. Socially and in their sport are said to be high in trait confidence. However Confidence can also be very specific to a particular situation or with to a set of circumstances in which case it is known as self-confidence or self-efficacy, self-confidence is the knowledge that you can do something and do it well.

Self-Confidence comes from firsthand knowledge of the task at hand, knowing your strengths and weaknesses applying your skills to any situation and adapting quickly as the situation unfolds a people who exude self-confidence know they have what it takes to master difficult situation and they are not afraid of failure.

Develop overall self-confidence by reflecting on your mind examine why you think the way you do. May be as a child, your parents told you could not do something. Overcome negative programming by reflecting on your positive accomplishments



develop new positive programming by telling that you can achieve your desired goal. Whenever you show self-confidence reflect on how good this feels with positive reinforcement, self-confidence will begin to emerge in your life.

The personality pattern is a unified multidimensional structure in which the concept of self is the core or centre of gravity. Into this structure are integrated many patterns of response tendencies, known as traits which are closely related to and influenced by the concept of self.

Self-confidence is one such personality trait. The self is a composite of a person's thoughts and feelings, strivings and hopes, fear and fantasias, his view of what he is what he might become and his worth. Self-concept is a positive attitude of oneself towards ones self-concept. It is an attribute of perceived self. Self-confidence refers to a person's perceived ability to tackle situations successfully without learning on others and to have a positive self-evaluation.

STATEMENT OF THE PROBLEM:-

“A Study of Self-Confidence of Male & Female College Students.”

OBJECTIVE OF THE STUDY:-

- (1) To investigate the level of self-confidence of male college students.
- (2) To investigate the level of self-confidence of female college students.

HYPOTHESES OF THE STUDY:-

- (1) There will be significant difference of self-confidence between male & female college students.

METHODOLOGY:-

SAMPLE :-

According to the purpose of present study total 50 students randomly selected. There were 25 male and female included from area. All sample selected from various college.



VARIABLES:-

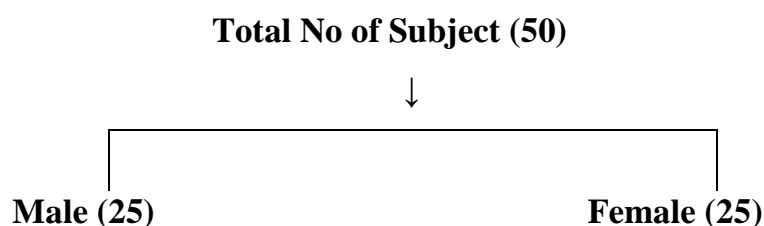
In the present study following variables.

Dependent Variable :- Self-Confidence

Independent Variables :- Gender (1) Male (2)Female

SAMPLE & DESIGN :-

The sample including in this study was 50 college students from tirthpuri. For this study sample selected college 25 male & 25 female from Tirthpuri. Total sample was 50 and the age range was 16 +and above.



TOOLS :-

In the Present study following psychological test were used.

Self-Confidence Inventory:-

Self-Confidence Inventory Authors by Dr.Rekha Agnihotri. The inventory consists of 56 items and there is no fixed time limit. However, most response should complete it in about 20 minutes.

Reliability:-

The obtained reliability and the index of reliability are reported in table.

Method	N	Reliability	Reliability coefficient
Split-Half	362	.95	.91
K.R.Formula 200	200	.94	.89
Test-Retest	116	.88	.78

Validity:-

The inventory was also validated by correlating the scores obtained on this inventory with the scores obtained by the subject on Basavanna's (1975) self-



confidence Inventory. The validity coefficient obtained is .82 which is significant beyond .01 level. The obtained reliability coefficient for test-retest is 0.78 and index of reliability is 0.88.

STATISTICAL TECHNIQUES:-

Mean, Standard Deviation (S.D.), T-value methods used for statistical analysis. At the first stage data was treated by descriptive statistical techniques mean, S.D.

RESULT & DISCUSSION:-

The table showing mean, s.d. and t value a study of self-confidence of male & female college students.

SR	Group	N	Mean	S.D.	D.F.	T.Value	Signific.
1	Male	25	26.8	4.99	24	2.80	0.01
2	Female	25	27.9	5.05	24		

The result in table indicates male self-confidence have mean is 26.8 & 4.99 of degrees of freedom (df) 24 and the female mean is 27.9 and freedom (df) 24 and T value is 2.80. The result shown that there is significant difference among college students. Hence hypothesis no.1 is accepted.

CONCLUSION:-

- (1) There is significant difference among college students on self-confidence.

References:-

- (1) Agnihotri, R.(1987). Manual for Agnihotri's Self-Confidence Inventory(ASCI), Agra: National Psychological Corporation, New Delhi
- (2) Garrett, H.E.(2004), Statistics in Psychology And Education. Paragon International Publisher.