



## Comparative Study about Application of Bhagwat Gita Principles in Real life Among Non-Teaching Staff

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### Abstract:

Bhagavad Gita is one of the most popular books of Hindu: Holy Gita is considered to be the greatest contributions of India to the World. In the present research paper, we have attempted to find the management principle from the Bhagavad Gita with its effect and implication in the present scenario of corporate world and society. Hence teaching of Bhagwad Gita is of universal significance as it contains recommendations for the modern practice of management. It is time that modern management thinkers should embrace the importance of ancient Indian ethos in filling the gaps that exist in the existing framework of management. The most interesting and often misunderstood aspect of the Bhagavad Gita is that it's entirely representational and highly symbolic. There is no real battlefield or fight to be won; the entire text is a representation of the battle that goes on in our minds and is an invaluable way to understand how we can overcome difficulty, self-doubt, and ultimately how to live a life of truth and purpose. As far as perception of non teaching staff towards the application of principles from Bhagwat Gita is concerned, following factors are taken into consideration viz Develop the right perspective, Understand that change is the law of nature, Practise tolerance and forgiveness, Change the way you think, Stay calm, Work for the welfare of the world etc

**Keyword** - Bhagwat Gita Principles, Non-Teaching Staff

### Introduction

The Bhagavad Gita is one of India's ancient texts derived from the epic poem, The Mahabharata. Throughout history, this still stands as the longest poem to have been written, with over 100,000 *shlokas* or over 200,000 verses. Although only a part of this huge text, the Bhagavad Gita is perhaps one of the most important and highly revered yogic texts ever to have been written. Texts like The Upanishads and the Dhammapada are also part of this epic poem, but it is the Bhagavad Gita which is often cited as the one that holds the key to personal transformation: As the third of the classics, the Bhagavad Gita is a map and a guidebook. It gives us a systematic overview of the territory, shows various approaches to the summit with their benefits and pitfalls, offers recommendations, tells us what to pack and what to leave behind. More than either of the others (the Upanishads and the Dhammapada), it gives the sense of a personal guide. It asks and answers the questions that you or I might ask questions not about philosophy or mysticism, but about how to live life effectively in a world of challenge and change. The whole story of the Bhagavad Gita takes place on the battlefield of Kurukshetra, upon which two sides of a family, the Pandavas and the



Kauravas; are preparing for battle. The text itself is positioned around a conversation between two characters: Krishna and Arjuna. Like many other writings of this period such as the Upanishads and the Dhammapada, the Bhagavad Gita or 'Song of The Lord' seems somewhat timeless in the fact that it's relevant whether we lived a thousand years ago, or we're living in the modern age. We explore what happens when Arjuna has to make life-changing difficult decisions – specifically the decision as to whether he should battle against his own family members in a war of 'good' versus 'evil' - and the importance of living a life of truth and purpose.

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### **Review of literature**

**Sharnam Agrawal (2019)-** Our academia is familiar with the educational theories and thoughts developed in the West. However, we have inadequate information about our own historical and cultural thoughts in relation to education, despite their importance and comprehensiveness. In the Bhagavad Gita, we noticed that two types of knowledge physical (art, science, management, etc) and spiritual (mind, body and soul) which plays an important role in building character of an individual and a community as a whole. Interpretation of a comprehensive meaning of transcendental philosophies consisted within the Bhagavad Gita can contribute to inspire society to look behind the curtain of history for searching valuable knowledge. Bhagavad Gita is one of the most popular books of Hindu: Holy Gita is considered to be the greatest contributions of India to the World. In the present research paper, we have attempted to find the management principle from the Bhagavad Gita with its effect and implication in the present scenario of corporate world and society. Hence teaching of Bhagwad Gita is of universal significance as it contains recommendations for the modern practice of management. It is time that modern management thinkers should embrace the importance of ancient Indian ethos in filling the gaps that exist in the existing framework of management.

**T. S. Balakrishnan (2014)-** The trait theory is the most basic and one of the important theories of leadership. But these traits become meaningful only when they are reflected in the actual behaviour of the executive. The Bhagavad Gita, written more than five thousand years ago is not just a spiritual text; it is also a book on management. A proper study of the Gita would reveal that an executive would be much benefited by an in-depth study of the Gita. The present paper is about executive behaviour as envisaged by Bhagavad Gita. An executive should always focus on the performance of his duties without being anxious about the results. He should own full responsibility for all his actions and omissions. An executive should neither eat too little or too much; sleep too much or sleep too little and should be moderate in his relaxation or pastimes. An Executive should perform all his duties to the best of his ability and leave the rest to the wisdom of the top management. The Bhagavad Gita which is essentially a dialogue between Prince Arjuna and Lord Krishna contains several principles of Management. The present paper is an attempt to cull out the principles of executive behaviour as



envisaged by the Gita. Executives should be role models to their subordinates and should be always outstanding and careful about their behavior and conduct. To be effective an executive should always focus on the performance of his duties without being anxious about the results. Executives will have to choose the jobs that are best suited to them. An Executive should own full responsibility for all his actions and omissions.

### **Objectives of the Study:**

1. To study the Principles from Bhagwat Gita
2. To study the Application of Bhagwat Gita Principles in real life

### **Hypotheses of the Study:**

H<sub>0</sub>- There is no significant difference between Male and Female respondents' perception about Application of Bhagwat Gita Principles in real life

H<sub>1</sub>- There is significant difference between Male and Female respondents' perception about Application of Bhagwat Gita Principles in real life

### **Scope of the Study:**

This study is based on the understanding the perception of non teaching staff towards the Application of Bhagwat Gita Principles in real life. The scope of the study is limited to the non teaching staff only. It covered in the degree colleges affiliated to Mumbai University. In the fast-changing scenario of educational institutes; it is going to be customary in order to maintain work life balance very properly and apply principles from Bhagwat Gita in working as well as living culture to stand in the era of competition.

### **Research Methodology of the Study:**

The study is based on critical evaluation and analysis of basically Primary Data. The primary sources include the non teaching staff of degree colleges affiliated to Mumbai University. A study is undertaken in the sampled regions to see its impact for which a detailed questionnaire is prepared to collect relevant information from the primary source for the guidance of the researchers. With the help of the questionnaire, detailed discussions were made with the certain sources of primary data to understand their views, thinking and attitude which would help to give the researchers useful recommendations, if any. The questionnaire is processed with the help of statistical tools like tabulations, grouping, percentages, averages, testing of hypothesis etc. As far as perception of non teaching staff towards the application of principles from Bhagwat Gita is concerned, following factors are taken into consideration viz Develop the right perspective, Understand that change is the law of nature, Practise tolerance and forgiveness, Change the way you think, Stay calm, Work for the welfare of the world etc

### **Research Area**

Researchers selected degree colleges affiliated to Mumbai University. Sample sizes of 100 each non-teaching personnel i.e., male and female from degree colleges affiliated to Mumbai University are taken under consideration. Researcher collects data through Primary and Secondary sources. Researcher distributed 200 questionnaires among the respondents.

**Limitations of the study**

1. The study is based on limited geographical area.
2. Further variables could be added for the purposes of detail study.

**Data Analysis**

Researcher prepared the questionnaire for respondents and distributed it among them. After receiving the questionnaire researcher analyse the questionnaire.

**Table No1**  
**Information of questionnaire**

Sr. No	Non-Teaching Staff Respondents	Questionnaire distributed	Questionnaire received	Questionnaire rejected (due to incomplete, wrongly filled etc)	Net Sample size for study
1	Male	100	91	4	87
2	Female	100	92	1	91

**Testing of Hypothesis**

H<sub>0</sub>: There is no significant difference between Male and Female respondents' perception about Application of Bhagwat Gita Principles in real life

H<sub>1</sub>: There is significant difference between Male and Female respondents' perception about Application of Bhagwat Gita Principles in real life  
Mathematically

	<i>Male</i>	<i>Female</i>
<b>Mean</b>	4.26	2.96
<b>Variance</b>	0.19	0.10
<b>Observations</b>	87	91
<b>Pooled Variance</b>	0.14	
<b>Hypothesized Mean Difference</b>	0	
<b>Df</b>	176	
<b>t Stat</b>	22.8996	
<b>P(T&lt;=t) one-tail</b>	0.0000	
<b>t Critical one-tail</b>	1.6536	
<b>P(T&lt;=t) two-tail</b>	0.0000	
<b>t Critical two-tail</b>	1.9735	

**\*\*Here level of significance is 0.05**

Thus, our null hypothesis "There is no significant difference between Male and Female respondents' perception about Application of Bhagwat Gita Principles in real life" is rejected. Alternatively, we accept our alternative hypothesis "There is significant difference between Male and Female respondents' perception about Application of Bhagwat Gita Principles in real life"



## Findings

1. The most vital factor about Principles from Bhagwat Gita among the respondents' perception is that, Develop the right perspective
2. The one more important issue is come out from this analysis in which respondents were more interestingly responding about Understand that change is the law of nature.

## Conclusion

From the above analysis, we can conclude that, whichever the scenario, The guiding principles of Gita are straight from the lips of the lord and the logic and knowledge inherited in its each word makes it a timeless guide. These principles help us to understand the reason for our existence. We can seek answer to our questions, gain certainty about confusions if we assimilate the teachings of the Gita in our daily lives.

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