



Marital Adjustment Among Working Wives

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Introduction :

Marital adjustment is depends upon various factor among the working wives. Age, family reasonability , type of job, schedule of work, economic gain, occupations work and nature, security, benefit, need of the family are the mean factors related to marital adjustment. The value system is playing on important role the marital relation. Infect family and career values are very important for marital adjustment among working wives. Researcher observed many working women are facing stress due to role conflict family v/s occupational conflict is always exist among the working wives. Child rearing and family responsibility life in laws aged care, economic problem are the major factors for their values regarding the family white job security, financial support , benefit, are main for career values. Family and career are the challenges of working women. She has to tolerant the problems and difficulties to crotch with cireumstanea. New generators from 25 to 40 years are focurd career, comprcetialy with old generation white old generation above 40 year also faced the problem of which are associated with domestic difficulty, physical distraction both the group are found physical, psychological, occupational, family problem which offal on their marital life. Hence researcher focused the problem of the study regarding coping style, decennia mating, lito style and health. Anderson (1993) , faludi (1994) found that employed women are facing the family and career role ditema. Fokkeme (2003) shows length of working schedule always impact on the personal life of career women.

Objective of the study :

- 1) To study the marital adjustment among working wives of below 40 and above 40 years.
- 2) To identify career and family values among working wives of below 40 and above 40 years.
- 3) To compeer marital adjustment of working wives of below 40 and above 40 year age.
- 4) To compeer family value and career value of working wives of below 40 and above 40 year age.

Hypothesis :

- i. There is significant difference between working wives of below 40 and above 40 year for family and career.
- ii. There is significant difference between working wives of below 40 and above 40 year for marital adjustment.
- iii. There is significant difference between working wives of below 40 and above 40 year for values comparers.

**Methodology:**

Selection of sample :

Researcher selected 100 working wives above 40 years age and 100 working wives below 40 years form Dhulia district Maharashtra. All the respondent were from Education sector and working primary teacher , high school teacher and higher secondary teachers.

Research Tool:

- Marital Adjustment Scale by P. Kapoor (2009)
 - Career Family Value Scale by Parikh – Borse (2002)
- Reliability of Ist Scale is .89 Validity is 0.77 with C.G. Deshpande Scale.
Second Scale test – retest reliability is 0.72 and validity is accepted by experts.

Statistical Analysis :

Table I

Showing Mean difference for family and Career Value

	Below 40 N= 50		above 40 N= 50			
	Mean	SD	Mean	SD	t	P
Family Value	16.78	9.59	14.18	3.74	2.94	Significant
Career Value	14.26	3.38	15.77	3.92	1.94	Not significant

Table II

Showing Mean difference for marital adjustment among working wives

Below 40		above 40			
Mean	SD	Mean	SD	t	P
43.75	6.32	42.55	5.79	1.38	Not significant

Table III

Showing the factories mean difference marital adjustment

	Below 40		above 40			
	Mean	SD	Mean	SD	t	P
Child rearing	52.13	7.18	37.44	6.48	7.18	Significant
Domestic Responsibility	51.83	7.26	52.94	7.31	0.82	Not significant
In laws relation	48.26	6.72	37.59	5.54	8.73	Significant
Social relation	41.14	5.81	42.43	7.46	0.74	Not significant
Occupational Relation	43.34	5.74	44.52	4.02	1.02	Not significant
Relation with Male	38.39	6.35	31.63	5.16	3.76	Significant

Discussion :

With reference to table I, Mean of below 40 is 16.78 SD is 3.59 and above 40 is 14.18 SD is 3.74 and t is 2.94 for family value. Which is greater than table value (1.96). Hence the hypothesis is rejected & there is significant difference between working wives below 40 and above 40 for family value with respect to career value mean of



above 40 is 14.26 SD is 3.38 mean for above is 15.77 and SD is 3.92 and t is 1.94 which is not significant. Hence the hypothesis is accepted for career value and there is no significant difference for career value.

With reference to table II regarding the marital adjustment below 40 working wives mean is 43.75, SD is 6.32, above 40 working wives mean is 42.55, SD is 5.79, t is 1.38 which is not significant. Hence there is no significant difference between working wives below 40 and above 40 for their marital adjustment. With reference to table III regarding the factives of marital adjustment Below 40 wives mean for child rearing is 52.13, SD is 7.18 above 40 wives mean is 37.44, SD 6.48 obtained t is 7.18 which is significant for the Domestic responsibility below 40 women's mean is 51.83, SD is 7.26 above 40 women's mean is 52.94, SD is 7.31 and t is 0.82 which is not significant mean for in laws relation is 48.26, SD is 6.72 for below 40 and mean 37.59, SD 5.54 for above 40 women. The mean for below 40 is 41.14, SD is 5.81 for below 40 years mean is 42.43, SD is 7.46 and t is 0.74 which is not significant. Regarding social relation mean is 41.14, SD is 5.81 for below 40 years mean for above 40 is 42.43, SD is 7.46 and t is 0.74 which is not significant. Occupation relation mean is 43.34, SD is 5.74 below 40 is 44.32, SD is 4.02 and t is 1.02 which is not significant and relation with male mean is 38.34, SD is 6.35 for below 40 years, mean 31.63, SD 5.16 is above 40 years. The obtained t is 3.76 which is significant.

Conclusions :

- There is significant difference for family value between working women of below 40 and above 40 years.
- There is significant difference for career value between working women of below 40 and above 40 years.
- There is significant difference for marital adjustment between working women of below 40 and above 40 years.
- There is significant difference for domestic responsibility, social relation, occupation relation between working women of below 40 and above 40 years.
- There is significant difference for child rearing, in laws relation and relation with male between working women of below 40 and above 40 years.

Suggestions :

- Further researcher among adopt wider sample.
- Further researcher any apply other variables.

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